

Debbie Andorka

Deborah Andorka, LMFT #145335

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(424) 587-6285 | Los Angeles, CA, USA

Profile

Passionate, experienced child, teen, adult and family therapist dedicated to guiding them to fulfillment of a life worth living through compassion and DBT training..

Licenses and Certifications

Licensed Marriage and Family Therapist

Board of Behavioral Sciences LMFT, #145335, Feb 2024 - Feb 2026

MBSR Certification

Mindfulness Based Stress Reduction Training (Mindful Leader) May 2023

Triple P Parent Provider

"Teen Group, Level IV," Mar 2021

"Standard Age 0-12, Level IV" Dec 2017

CCAPP Academy Graduate

Los Angeles Midnight Mission, Mar 2020

Pupil Personnel Services CCTC

Credential #220054610, Exp 2027

Educational Specialist Instruction CCTC

Credential #210043836, Special Education, 0-5, Exp 2026

Administrative Services CCTC

Credential #230303572, Exp 2027

Standard Elementary Teaching CCTC

Credential #STC296663

Bilingual (Spanish) Certificate of Competence CCTC

Credential #BLC3640

National Board Certified Specialist

English-as-a-New-Language, 2001-2021

Seeking Safety Certified Therapist

Feb 2018 - Present

TF-CBT-Trauma Focused CogBehavior Therapist for Youth

Feb 2018 - Feb 2019

California Domestic Violence Advocate

Nov 2017 - Present

Parent-Child Interaction Therapy (PCIT)

Online Training Certificatio/n

Education

CBT/DBT Skills Training

DBT Foundation BehavTech 6/20-1/24

DBT for Schools 7/18-9/24

DBT Basic at DBT-C 6/16-9/24

DBT Skills, at PDBT, 10/18-19/24

TF-CBT, Washburn Cntr 4 Children 2021

Applied Behavior Analyst Certificate

National University, 2015

Educational Specialist Credential

CalState Univ Dominguez Hills, 2014

MS, Marriage and Family Therapist

CalState Univ Dominguez Hills, 2001

Ed.D.

Institutional Management

Pepperdine GSEP, 1986

Administrative Credential

Loyola Marymount University, 1983

MA, Counseling Psychology

Goddard College, 1983

BA, Psychology

UCLA, 1973

Relevant Experience

Therapist, Counselor, Coach // SING AND PLAY TO LEARN singandplaytolearn.com

JUNE 2022 -Present

- As a certificated Triple P Parent Provider, directed behavioral training for parents, teaching them how to promote their child's resilience to stress and to regulate their emotions when confronted with turmoil. As counselor and coach, utilized mindfulness, CBT, informed DBT, and motivational interviewing to guide clients to build a life worth living for themselves.

AMFT, School Therapist // Counseling Partners of Los Angeles

JULY 2021 -JUNE 2022

- Administered comprehensive student assessments with DSM-5 diagnoses, collaborating with staff, using Spanish if needed, to ensure personalized treatment plans.
- Utilized multiple therapies including CBT, DBT, play therapy, art, and narrative to document in TheraNest, collaborating with students to develop measurable goals.
- Caseload included up to 20+ student sessions including multiple 45 minute counseling sessions in different K-8 classrooms depending on teacher's recommendation of what the class of students needed, in addition to multiple weekly full class 45 min sessions
- In the school's database, I regularly accessed and documented student's attendance, conduct, GPA, homework, etc. to share with students and parents how they could also monitor and set goals to see their progress.

AMFT, Teen and Family SUD Therapist // Thelma McMillen Recovery Center

APRIL 2021 -JULY 2021

- Conducted comprehensive intakes, assessments, and case management, tailoring treatment interventions to address the unique needs of each client.

AMFT, Central City Recovery SUD Therapist // Volunteers of America, LA

FEBRUARY 2019 -APRIL 2020

- Utilized evidence-based practices including Seeking Safety, CBT, and Motivational Interviewing to support individual clients in overcoming dependencies and adjusting to life changes during sessions while also leading daily group therapy.
- Provided case management to gain access to rehabilitation programs and other community services, linking family resources and connecting clients with professional services while maintaining consistent communication with clients to assess their wellbeing and make changes to their treatment plan as needed.
- Utilized ASAM for DSM-5 assessments maintaining accurate records while collaborating with healthcare professionals for coordinated care efforts.

AMFT // Didi Hirsch Suicide Prevention Center

SEPTEMBER 2017 -MARCH 2019

- Conducted comprehensive risk assessments including evaluating client demographics, thoughts, plans, substance use, and safety measures.
- Developed safety plans tailored to each client's needs, including coping strategies and available resources.
- Co-facilitated Didi Hirsch Saturday "Survivors After Suicide" weekly groups.

Educational Specialist, Age 0-5 // Various Locations

FEBRUARY 2015 -APRIL 2017

Provided DRDP special education assessment and behavior modification strategies to children and families as classroom teacher at Richardson Child Development Center, Bakersfield, Lincoln Child Development Center, Santa Monica, and Bennet-Kew Elementary, Inglewood.

PPS School Counselor, Teacher, Teacher Advisor, Administrator // Los Angeles Unified Schools

AUGUST 1978 -JUNE 2013

- Served as Teacher Advisor and PPS Counselor for LAUSD Emergency Immigrant Education Program (EIEP).
- Conducted counseling sessions for high-risk students at various senior highs, middle schools, and elementary schools within the LAUSD district.
- Facilitated small group, class, and individual counseling sessions.
- Coordinated teacher and counselor training and developed counseling curriculum units for newly arrived immigrants., also completing supervised AMFT hours.

<https://www.latimes.com/archives/la-xpm-1989-09-14-ti-17-story.html>

<https://www.latimes.com/archives/la-xpm-1990-08-09-we-295-story.html>.